

Degree: Recreation, B.S.: Recreation Therapy Concentration 25-26				
Requirement Area	Course	Course Title	Prerequisites	Units
First Semester (FALL)				
Recommended	CLAS 105	Navigating Your First Year in College		2
1C		Oral Communication		3
Area 2		Quantitative Reasoning		3
3A		Arts		3
Area 6		Ethnic Studies		3
Free Elective				1
			Total:	15
Second Semester (SPRING)				
1A		Written Communication		3
3B		Humanities		3
5B/5C/LD Major Elective	BIOL 270	Human Physiology and Anatomy		4
Free Elective				4
			Total:	14
Third Semester (FALL)				
1B/Second Comp				3
Area 4/LD Major/Diversity	REC 100	Introduction to Recreation and Recreational Therapy		3
LD Major	HOS 100	Professional Preparations		2
Area 4/LD Major Elective	PSYC 100	General Psychology		3
Free Elective				3
			Total:	14
Fourth Semester (SPRING)				
LD Major Elective	PSYC 200	Methods of Investigation in Psychology	PSYC 100	3
5A				3
Area 4/LD Major/Social Justice	REC 200	Serving Diverse Populations in Hospitality, Recreation, Rec Therapy and Tourism		3
LD Major	REC 215	Special Events in Recreation		3
LD Major	REC 230	Introduction to Youth Development		3
			Total:	15
Fifth Semester (FALL)				
UD-Area 5/Overlay			Completion of GE Areas 1A, 1B, 1C and GE-2 with grade C- (CR) or better	3
Code 1		US Code		3
UD Major	REC 325	Leadership, Mgmt and Ethics in HRT		3
UD Major Elective	REC	Concentration		3
UD Major Elective	REC	Concentration		3
			Total:	15
Sixth Semester (SPRING)				
UD-Area 3/Overlay			Completion of GE Areas 1A, 1B, 1C and GE-2 with grade C- (CR) or better	3
UD Major Elective	PSYC	Psychopathology		4
UD Major	HOS 300	Marketing in Hospitality, Recreation, Recreation Therapy, and Tourism		3
Code 2		US Code		3
UD Major Elective	REC	Concentration		3
			Total:	16
Seventh Semester (FALL)				
UD-Area 4/UD Major Elective	HDEV 380	Lifespan Human Development	Completion of GE Areas 1A, 1B, 1C and GE-2 with grade C- (CR) or better	3
UD Major	REC 400	Law, Risk, and Regulation in HRT		3
UD Major	REC 425	Strategic Positioning in Recreation		3
UD Major	REC 476	Internship Placement		1
UD Major Elective	REC	Concentration		3
Free Elective				3
			Total:	16
Eighth Semester (SPRING)				
UD Major	REC 481	Recreation Therapy Internship		6
UD Major Elective	REC	Concentration		3
UD Major Elective	REC	Concentration		3
UD Major	HOS 450	Data-Driven Decision Making		3
			Total:	15
Total Units:				120

Note: No changes to, or from, the credit/no credit pattern are permitted after the Grade Type Change period. There are no exceptions to this rule. Courses in a student's major department, regardless of course prefix, may not be taken "CR/NC," unless that is the only grading pattern in the course.

CSUEB General Breadth and Graduation Requirement Checklist	
Area 1 (9 units): English Communication	
<input type="checkbox"/> 1A - Lower Division English Composition	
<input type="checkbox"/> 1B - Lower Division Critical Thinking and Composition	
<input type="checkbox"/> 1C - Lower Division Oral Communication	
Area 2 (3 units) : Mathematical Concepts and Quantitative Reasoning	
<input type="checkbox"/> Area 2 - Mathematical Concepts and Quantitative Reasoning	
Area 3 (6 units): Arts & Humanities - Minimum of two different disciplines as designated by course prefix (e.g., ART, THEA, MUS)	
<input type="checkbox"/> 3A - Arts and Humanities (Arts)	
<input type="checkbox"/> 3B - Arts and Humanities (Humanities)	
Area 4 (6 units) : Social and Behavioral Sciences - Minimum of two different disciplines as designated by course prefix (e.g., ANTH, ECON, POSC)	
<input type="checkbox"/> Area 4 - Lower Division Social and Behavioral Sciences	
<input type="checkbox"/> Area 4 - Lower Division Social and Behavioral Sciences	
Area 5 (7 units): Physical and Biological Sciences	
<input type="checkbox"/> 5A - Lower Division Physical and Biological Sciences (Physical)	
<input type="checkbox"/> 5B - Lower Division Physical and Biological Sciences (Biological)	
<input type="checkbox"/> 5C - Lower Division Physical and Biological Sciences (Laboratory) -- May be embedded in 5A or 5B course, as long as 7 units met for lower-division Subject Area 5.	
Area 6 (3 units): Ethnic Studies	
<input type="checkbox"/> Area 6 - Ethnic Studies	
Second Composition : Second Composition (Required as part of 1B for 2025-26 or later catalog)	
<input type="checkbox"/> Second Composition	
University Writing Requirement (3-4 units)	
<input type="checkbox"/> UWR	
U.S. Code (American Institutions Requirement) - Two courses (6 units) covering three U.S. Code Requirements of US-1 (U.S. History), US-2 (U.S. Constitution), and US-3 (California State & Local Government).	
<input type="checkbox"/> Code 1	
<input type="checkbox"/> Code 2	
Upper Division GE Requirements (9 units): Should be taken after completion of 1A, 1B, 1C, and Area 2 with a C- (CR)	
<input type="checkbox"/> UD- Area 3 - Upper Division Arts or Humanities	
<input type="checkbox"/> UD- Area 4 - Upper Division Social and Behavioral Sciences	
<input type="checkbox"/> UD- Area 5 - Upper Division Science or Mathematical Concepts/Quantitative Reasoning	
Overlay Requirements (9 units): Courses may be upper or lower division, and GE or major	
<input type="checkbox"/> Diversity (Div)	
<input type="checkbox"/> Social Justice (SJ)	
<input type="checkbox"/> Sustainability (S)	
Recreation Therapy Concentration	
The Recreation Therapy concentration for 35 units is designed to prepare students to work as allied health professionals with people who have special needs in clinical, residential, and community-based agencies. This option is specifically designed to meet the standards developed by the National Council for Therapeutic Recreation Certification (NCTRC) and the California Board of Recreation and Park Certification for Recreation Therapy.	
Please Note: A grade of C- or better is required in all REC courses plus Bio 270, HDEV 380, and PSY 381 in order to count toward the licensing process.	
BIOL 270 - Human Anatomy & Physiology I Units: 4 ; G.E./G.R. Area: 5B, 5C	
HDEV 380 - Lifespan Human Development Units: 3 ; G.E./G.R. Area: UD-Area 4	
PSYC 100 - General Psychology Units: 3 ; G.E./G.R. Area 4	
PSYC 200 - Methods of Investigation in Psychology Units: 3	
PSYC 381 - Psychopathology Units: 4	
REC 360 - Foundations in Recreation Therapy Units: 3	
REC 361 - Recreation Therapy Diagnostic Groupings Units: 3	
REC 362 - Recreation Therapy Documentation & Assessment Units: 3	
REC 363 - Recreation Therapy Process & Techniques Units: 3	
REC 364 - Recreation Therapy Program Planning & Implementation Units: 3	
REC 365 - Advancement of Recreation Therapy Profession and Management Units: 3	

***Students are required to take a minimum of 40 semester units as upper division (includes 9 units upper division GE)**