

Degree: Recreation, B.S.: Sustainability Concentration 26-27				
Requirement Area	Course	Course Title	Prerequisites	Units
First Semester (FALL)				
Recommended	CLAS 105	Navigating Your First Year in College		2
1C		Oral Communication		3
Area 2		Quantitative Reasoning		3
3A		Arts		3
Area 4		Social Science		3
			Total:	14
Second Semester (SPRING)				
1A				3
3B		Humanities		3
5B/5C		Life Science/Lab		4
Code 1		US Code		3
Free Elective				3
			Total:	16
Third Semester (FALL)				
1B/Second Comp		Critical Thinking and Composition		3
Area F		Ethnic Studies		3
Area 4/LD Major/Diversity	REC 100	Introduction to Recreation and Recreation Therapy		2
LD Major	HOS 100	Professional Preparations		3
LD Major	REC 230	Introduction to Youth Development		3
			Total:	14
Fourth Semester (SPRING)				
5A		Physical Science		3
Area 4/LD Major/Social Justice	REC 200	Serving Diverse Populations in Hospitality, Recreation, Rec Therapy and Tourism		3
LD Major	REC 215	Special Events in Recreation		3
LD Major Elective/Sustainability	HOS 230	Sustainable Global Tourism Development		3
Free Elective				3
			Total:	15
Fifth Semester (FALL)				
Code 2				3
UD Major	REC 325	Leadership, Mgmt and Ethics in HRT		3
UD Major	REC 425	Strategic Positioning in Recreation		3
LD Major Elective	REC 210	Programming in Community Recreation, Sport and Camp		3
LD Major Elective/Sustainability	REC 110	Foundation of Sustainability in HRT		3
			Total:	15
Sixth Semester (SPRING)				
UD-Area 4/Overlay			Completion of GE Areas 1A, 1B, 1C and GE-2 with grade C- (CR) or better	3
UD Major	HOS 450	Data-Driven Decision Making		3
UD Major	HOS 300	Marketing in Hospitality, Recreation, Recreation Therapy, and Tourism		3
UD Major Elective/Sustainability	REC 340	Sustainable Facilities, Parks and Open Space		3
UWR				3
			Total:	15
Seventh Semester (FALL)				
UD-Area 3/Overlay			Completion of GE Areas 1A, 1B, 1C and GE-2 with grade C- (CR) or better	3
UD Major	REC 400	Law, Risk, and Regulation in HRT		3
UD Major	HOS 400	Introduction to Finance in HRT		3
UD Major	REC 475	Internship Placement		1
UD Major Elective	REC	Concentration		3
UD Major Elective	REC	Concentration		3
			Total:	16
Eighth Semester (SPRING)				
UD-Area 5			Completion of GE Areas 1A, 1B, 1C and GE-2 with grade C- (CR) or better	3
UD Major Elective	REC 355	Community Sustainability in HRT		3
UD Major	REC 480	Internship	REC 475 and Department consent.	3-6
Free Elective				3
			Total:	15
Total Units:				120

Note: No changes to, or from, the credit/no credit pattern are permitted after the Grade Type Change period. There are no exceptions to this rule. Courses in a student's major department, regardless of course prefix, may not be taken "CR/NC," unless that is the only grading pattern in the course.

CSUEB General Breadth and Graduation Requirement Checklist	
Area 1 (9 units): English Communication	
<input type="checkbox"/>	1A - Lower Division English Composition
<input type="checkbox"/>	1B - Lower Division Critical Thinking and Composition
<input type="checkbox"/>	1C - Lower Division Oral Communication
Area 2 (3 units): Mathematical Concepts and Quantitative Reasoning	
<input type="checkbox"/>	Area 2 - Mathematical Concepts and Quantitative Reasoning
Area 3 (6 units): Arts & Humanities - Minimum of two different disciplines as designated by course prefix (e.g., ART, THEA, MUS)	
<input type="checkbox"/>	3A - Arts and Humanities (Arts)
<input type="checkbox"/>	3B - Arts and Humanities (Humanities)
Area 4 (6 units): Social and Behavioral Sciences - Minimum of two different disciplines as designated by course prefix (e.g., ANTH, ECON, POSC)	
<input type="checkbox"/>	Area 4 - Lower Division Social and Behavioral Sciences
<input type="checkbox"/>	Area 4 - Lower Division Social and Behavioral Sciences
Area 5 (7 units): Physical and Biological Sciences	
<input type="checkbox"/>	5A - Lower Division Physical and Biological Sciences (Physical)
<input type="checkbox"/>	5B - Lower Division Physical and Biological Sciences (Biological)
<input type="checkbox"/>	5C - Lower Division Physical and Biological Sciences (Laboratory) -- May be embedded in 5A or 5B course, as long as 7 units met for lower-division Subject Area 5.
Area 6 (3 units): Ethnic Studies	
<input type="checkbox"/>	Area 6 - Ethnic Studies
Second Composition : Second Composition (Required as part of 1B for 2025-26 or later catalog)	
<input type="checkbox"/>	Second Composition
University Writing Requirement (3-4 units)	
<input type="checkbox"/>	UWR
U.S. Code (American Institutions Requirement) - Two courses (6 units) covering three U.S. Code Requirements of US-1 (U.S. History), US-2 (U.S. Constitution), and US-3 (California State & Local Government).	
<input type="checkbox"/>	Code 1
<input type="checkbox"/>	Code 2
Upper Division GE Requirements (9 units): Should be taken after completion of 1A, 1B, 1C, and Area 2 with a C- (CR)	
<input type="checkbox"/>	UD- Area 3 - Upper Division Arts or Humanities
<input type="checkbox"/>	UD- Area 4 - Upper Division Social and Behavioral Sciences
<input type="checkbox"/>	UD- Area 5 - Upper Division Science or Mathematical Concepts/Quantitative Reasoning
Overlay Requirements (9 units): Courses may be upper or lower division, and GE or major	
<input type="checkbox"/>	Diversity (Div)
<input type="checkbox"/>	Social Justice (SJ)
<input type="checkbox"/>	Sustainability (S)
Elective Courses	
Take 2 of the courses listed below and an additional 9 units of coursework needed to meet the minimum required units for the major. Elective courses to be approved by your advisor.	
HOS 230 - Sustainable Global Tourism Development Units: 3 ; G.E./G.R. Area: Area 4-2; Sustainability	
REC 110 - Foundations of Sustainability in Hospitality, Recreation and Tourism Units: 3 ; G.E./G.R. Area: Sustainability	
REC 355 - Community Sustainability in Hospitality, Recreation and Tourism Units: 3	
KIN 280 - Sustainability in Action: Physical and Recreational Activity Units: 3 ; G. E./G.R. Area: Area 4-2; Sustainability	
-OR-	
REC 280 - Sustainability in Action: Physical and Recreational Activity Units: 3 ; G. E./G.R. Area: Area 4-2	

*Students are required to take a minimum of 40 semester units as upper division (includes 9 units upper division GE)