

Degree: Kinesiology, B.S.				
Requirement Area	Course	Course Title	Prerequisites	Units
First Semester				
E	GS 101A	Foundations of Success I		1
A1				3
B4	MATH 115 or 120	Recommended by Department		3
C1				3
D1	KIN 160	Introduction to Kinesiology		3
			Total:	13
Second Semester				
E	GS 101B	Foundations of Success II		1
A2				3
C2				3
LD Major	KIN 162 or KIN 270	Nutrition and Performance/Women and Sport		3
LD Major/B2/B3	BIOL 270	Human Anatomy & Physiology I		4
			Total:	14
Third Semester				
E				1
A3				3
Writing II/WID (2nd Comp)				3
Code 1/D2				3
LD Major	BIOL 271	Human Anatomoy & Physiology II	BIOL 270 with grade C- or better	4
Elective/Overlay				3
			Total:	17
Fourth Semester				
Add'l C1 or C2*				3
B1/B3	CHEM 111 or PHYS 125	Recommended by Department		3
UD Major	KIN 300	Critical Inquiry in Kinesiology	Kinesiology major, BIOL 270, BIOL 271	4
UD Major	KIN 301	Applied Musculoskeletal Anatomy		3
Elective				3
			Total:	16
Fifth Semester				
Code 2/D3				3
UD Major	KIN 303 or 306	Biomechanics/ Exercise Physiology	Kinesiology major, Junior standing or above, BIOL 270, BIOL 271, Kin 300, KIN 301	4
UD Major	KIN 302	Social Justice in Kinesiology		4
UD Major	KIN 304	Motor Development		3
			Total:	14
Sixth Semester				
UD Major	KIN 303 or 306	Biomechanics/ Exercise Physiology	Kinesiology major, Junior standing or above, BIOL 270, BIOL 271, KIN 300	4
UD Major		Group A Elective		3
UD Major	KIN 305	Critical Issues of the Body		4
UD Major	KIN 498	Internship	Kinesiology major, Junior or Senior standing and department consent	1
Elective				3
			Total:	15
Seventh Semester				
B6/Overlay				3
C4/Overlay				3
UD Major	KIN 307	Motor Skill Acquisition and Training		3
UD Major	KIN	Group B Elective		3
UD Major	KIN 498	Internship		2
Elective				3
			Total:	17
Eighth Semester				
D4/Overlay, Group C Elective	KIN 489	Sport, Racism and Ethnicity		3
UD Major	KIN 308	Sport Psychology		4
UD Major	KIN	Group Elective		3
UD Major	KIN	Group Elective		3
UD Major	KIN 498	Internship	Kinesiology major, Junior or Senior standing and department consent	1
			Total:	14
Total Units:				120

General Education & University Requirements - Suggested Courses
Area A (9 units): Communication in the English Language & Critical Thinking (Must earn passing grade of C-/CR or better)
<input type="checkbox"/> A1. COMM 100 or 104, MLL 111
<input type="checkbox"/> A2. ENGL 101, 102, or 104
<input type="checkbox"/> A3. PHIL 100
Area B (9 units) : Scientific Inquiry & Quantitative Reasoning
<input type="checkbox"/> B1. Physical Science Chem or Physics depending on Professional goals (CHEM 111/112 and/or PHYS 125/126 (Recommended))
<input type="checkbox"/> B2. Life Science BIOL 270 with C- or better
<input type="checkbox"/> B3. Laboratory Activity BIOL 270 with C- or better
<input type="checkbox"/> B4. Quantitative Reasoning (Must earn passing grade of C-/CR or better.) MATH 115 or MATH 120 (Recommended)
Area C (9 units): Arts & Humanities - Minimum of three different disciplines as designated by course prefix (e.g., ART, THEA, MUS)
<input type="checkbox"/> C1. Arts
<input type="checkbox"/> C2. Humanities
<input type="checkbox"/> *Additional Lower-division Area C Course in Arts (C1) or Humanities (C2)
Area D (9 units) : Social Sciences - Minimum of three different disciplines as designated by course prefix (e.g., ANTH, ECON, POSC)
<input type="checkbox"/> D1. KIN 160
<input type="checkbox"/> D2.
<input type="checkbox"/> D3.
Area E (3 units) : Lifelong Learning and Self-Development
<input type="checkbox"/> E.
Second Composition : Requires completion of GE A2 with a C-/CR or better. Must be completed before attaining junior standing.
<input type="checkbox"/> Writing II.
University Writing Skills Requirement
<input type="checkbox"/> UWSR. Writing Skills Test (WST) or First and/or Second Tier Courses
three U.S. Code Requirements of US-1 (U.S. History), US-2 (U.S. Constitution),
<input type="checkbox"/> Code 1.
<input type="checkbox"/> Code 2.
Upper Division GE Requirements (9 units): Should be taken after completion of A1, A2, A3, and B4 with a C- (CR)
<input type="checkbox"/> B6 KIN 461
<input type="checkbox"/> C4. Upper-division Arts OR Humanities
<input type="checkbox"/> D4 KIN 489
Overlay Requirements (9 units): Courses may be upper or lower division, and GE or major
<input type="checkbox"/> Diversity (Div)
<input type="checkbox"/> Social Justice (SJ) KIN 489
<input type="checkbox"/> Sustainability (S)